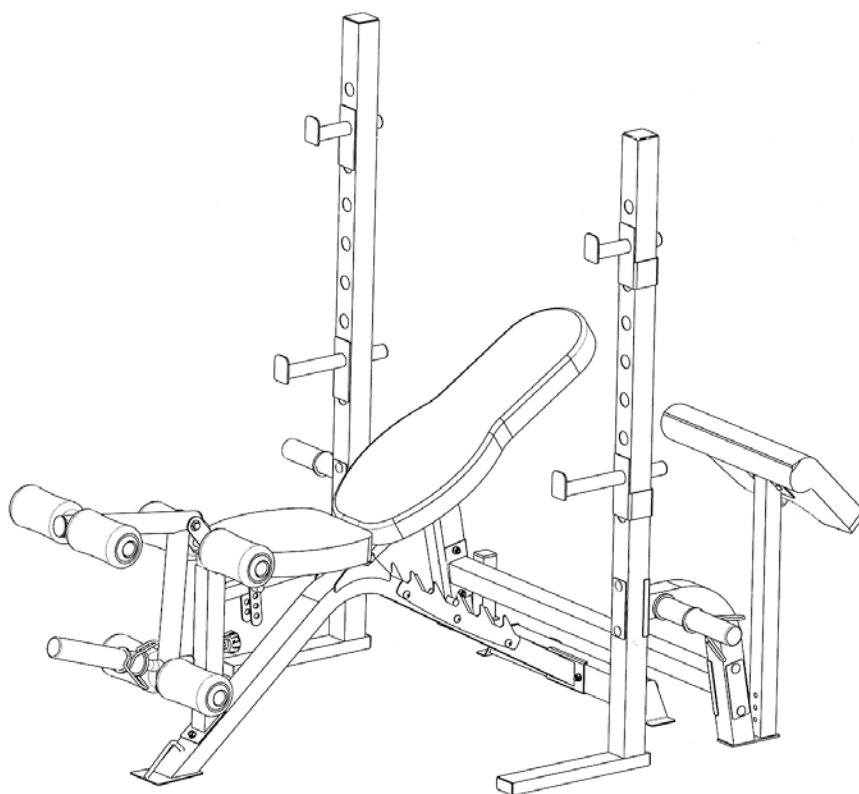


MARCY[®]

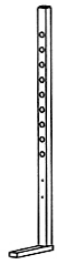
MARCY PRO OLYMPIC BENCH PM-842



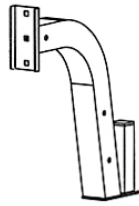
IMPORTANT: Please read the Important Safety Notice and Assembly Information in the Owner's manual before assembling this product.

Assembly Manual

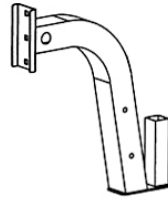
140801



① X2



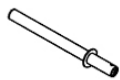
② X1



③ X1



④ X1



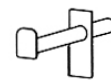
⑤ X2



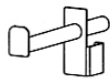
⑥ X1



⑦ X1



⑧ X1



⑨ X1



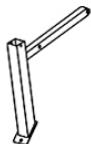
⑩ X1



⑪ X1



⑫ X2



⑬ X1



⑭ X1



⑮ X2



⑯ X1



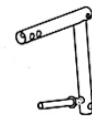
⑰ X1



⑱ X5



⑲ X1



⑳ X1



②1 X2



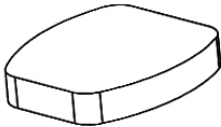
②2 X1



②3 X1



②4 X1



②5 X1



②6 X1



③0 X6



③8 X1



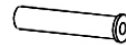
③9 X3



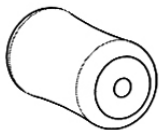
④0 X3



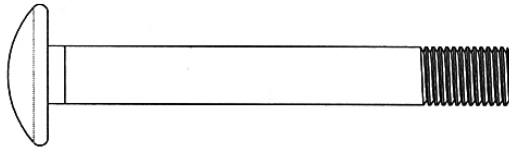
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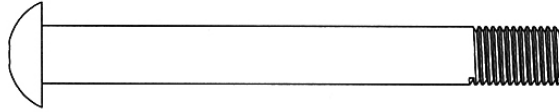
④2 X3



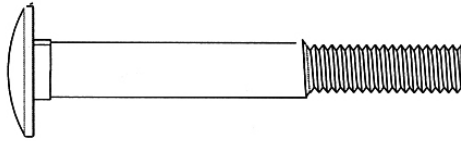
④3 X6



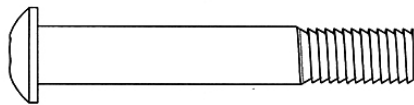
44 X8



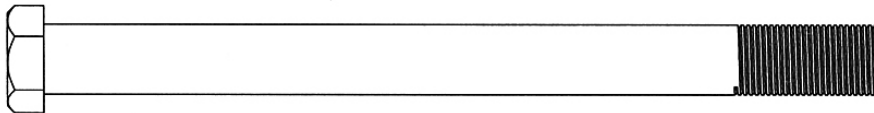
45 X3



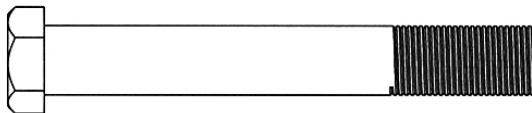
46 X2



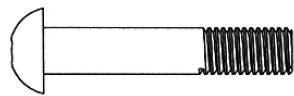
47 X2



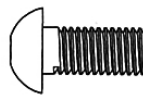
48 X1



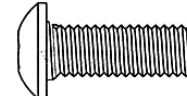
49 X2



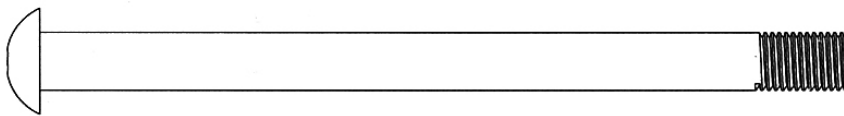
50 X6



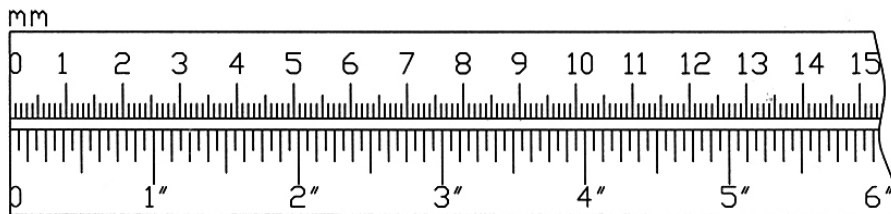
51 X6



52 X2

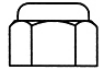


53 X1

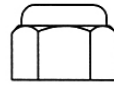




54 X2



55 X15



56 X3



57 X14



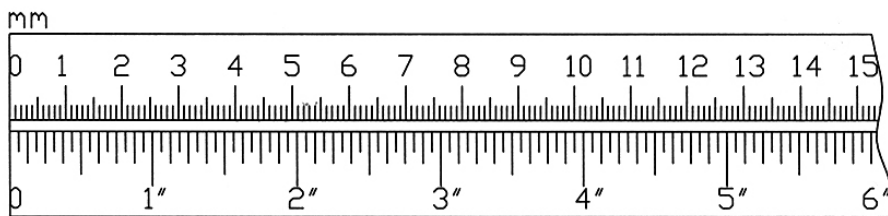
58 X23



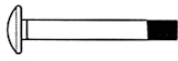
59 X6



60 X1



44 x 2



M10 x 3 1/8"

58 x 2

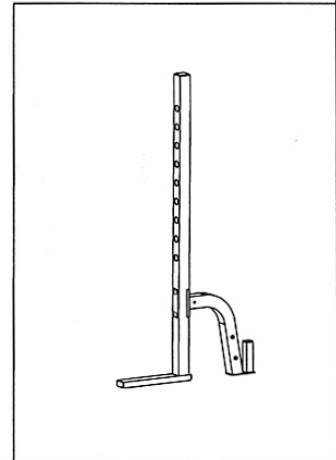
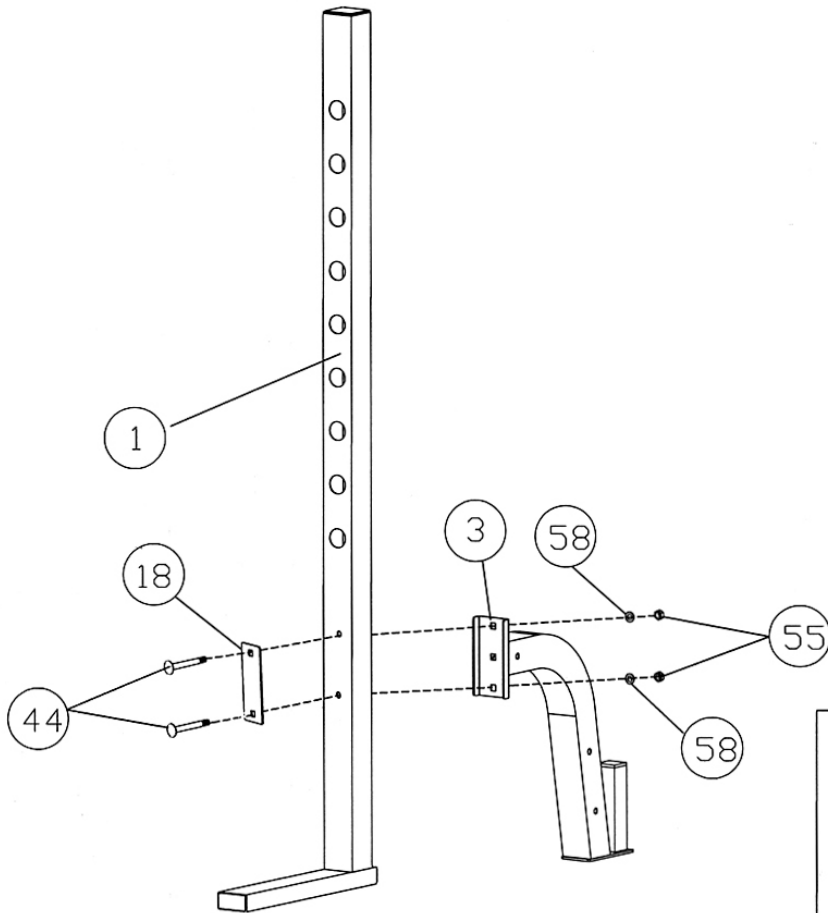
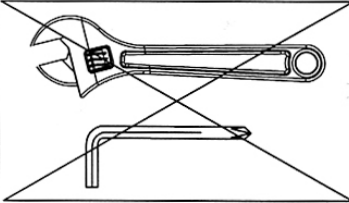


∅ 3/4"

55 x 2

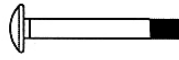


M10



1

④④ × 2



M10 × 3 $\frac{1}{8}$ "

⑤⑧ × 2

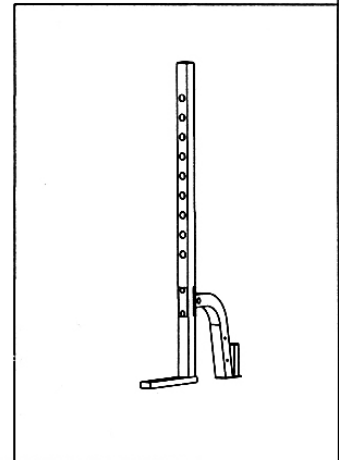
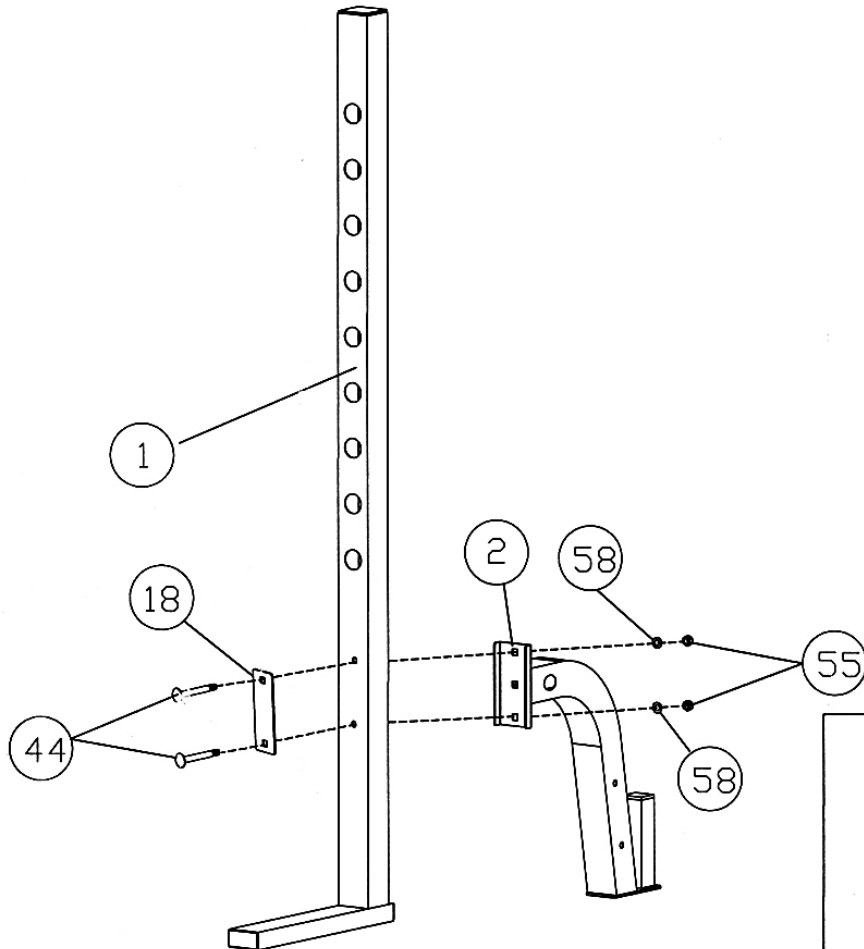
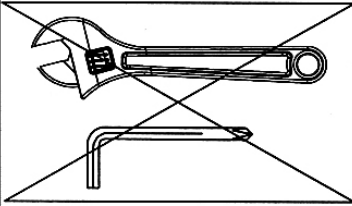


∅ $\frac{3}{4}$ "

⑤⑤ × 2

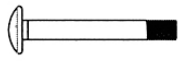


M10



2

④④ × 4



M10 × 3 1/8"

⑤⑧ × 4

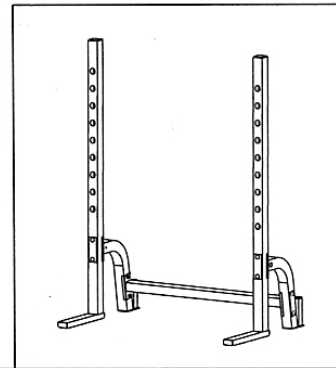
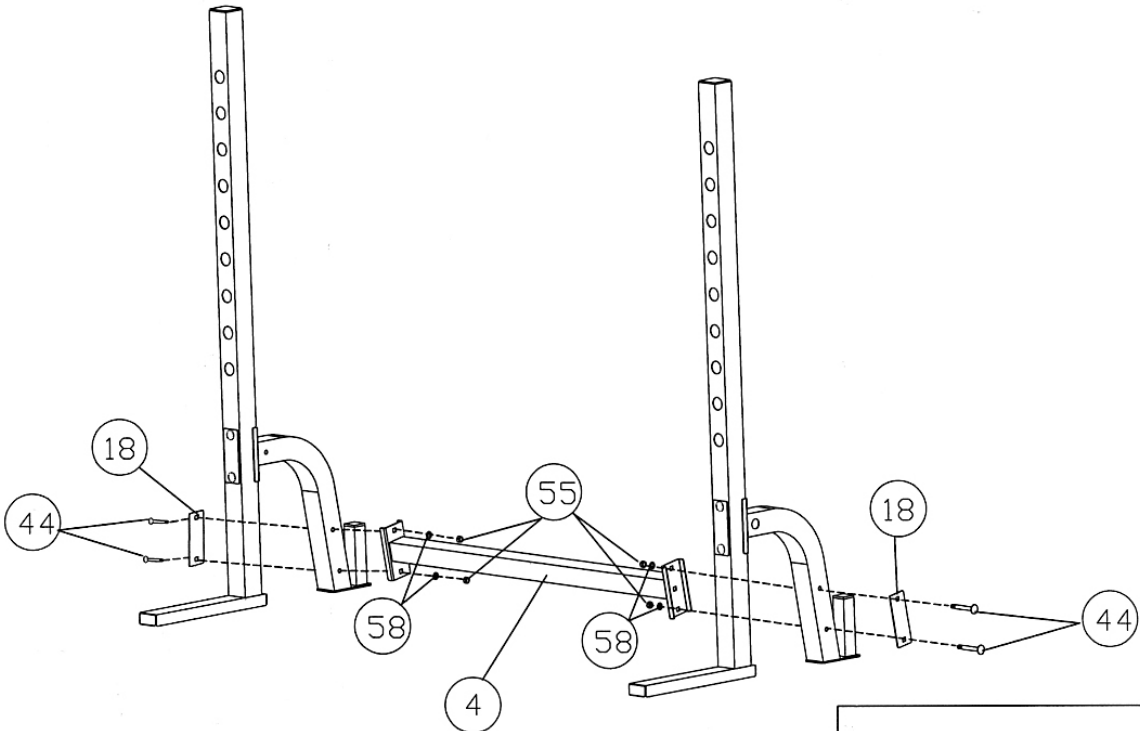
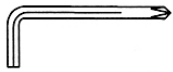
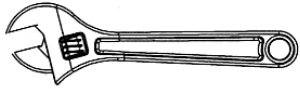


∅ 3/4"

⑤⑤ × 4



M10



3

52 x 2

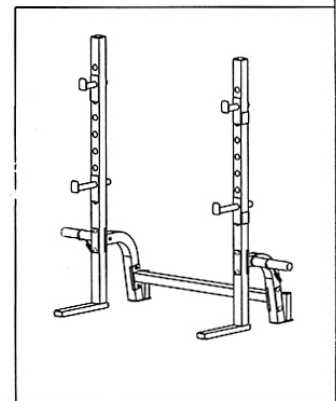
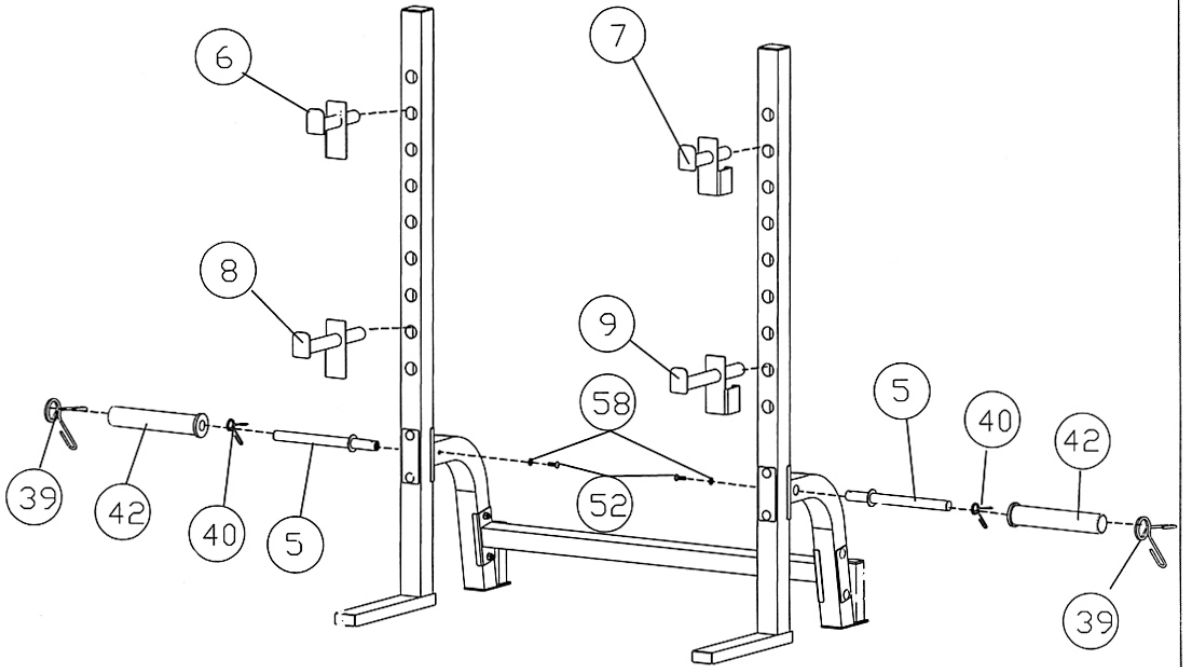
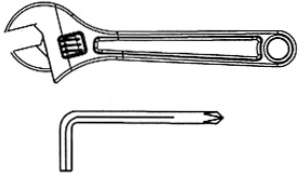


M10 x 1"


58 x 2

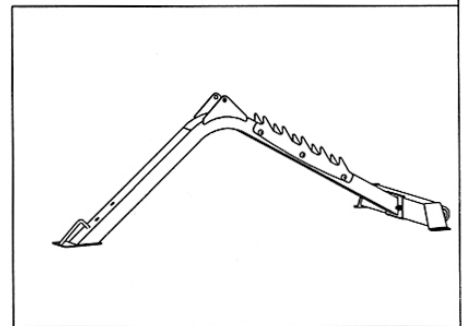
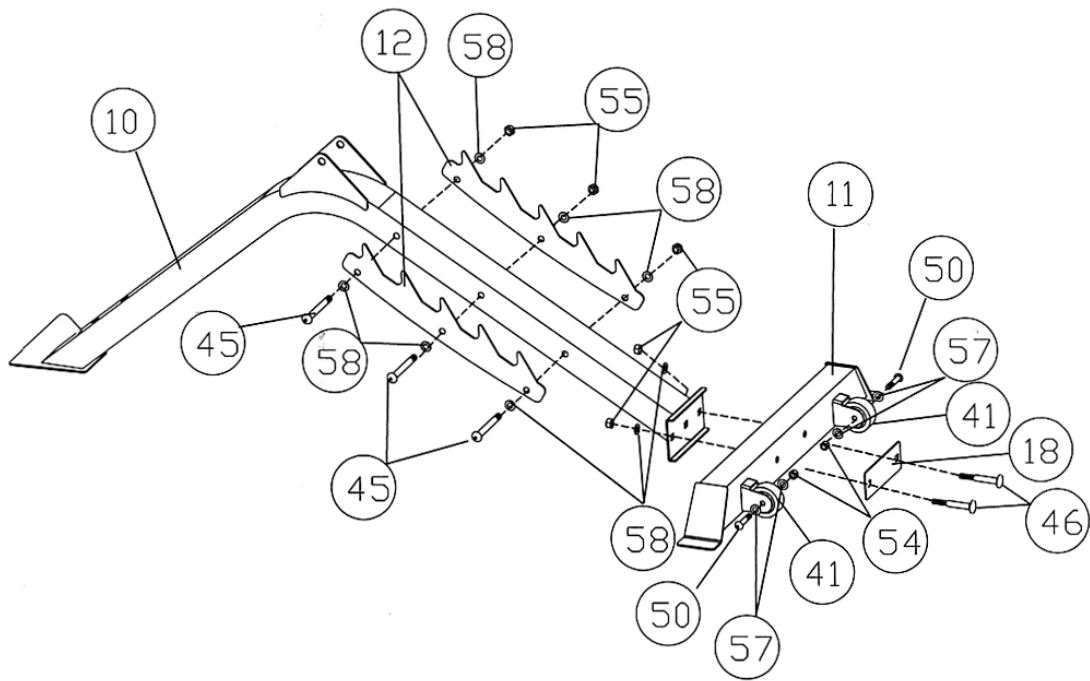
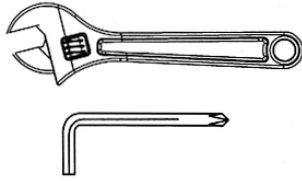


∅ 3/4"

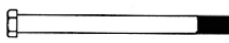

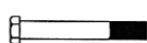

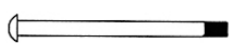

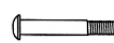



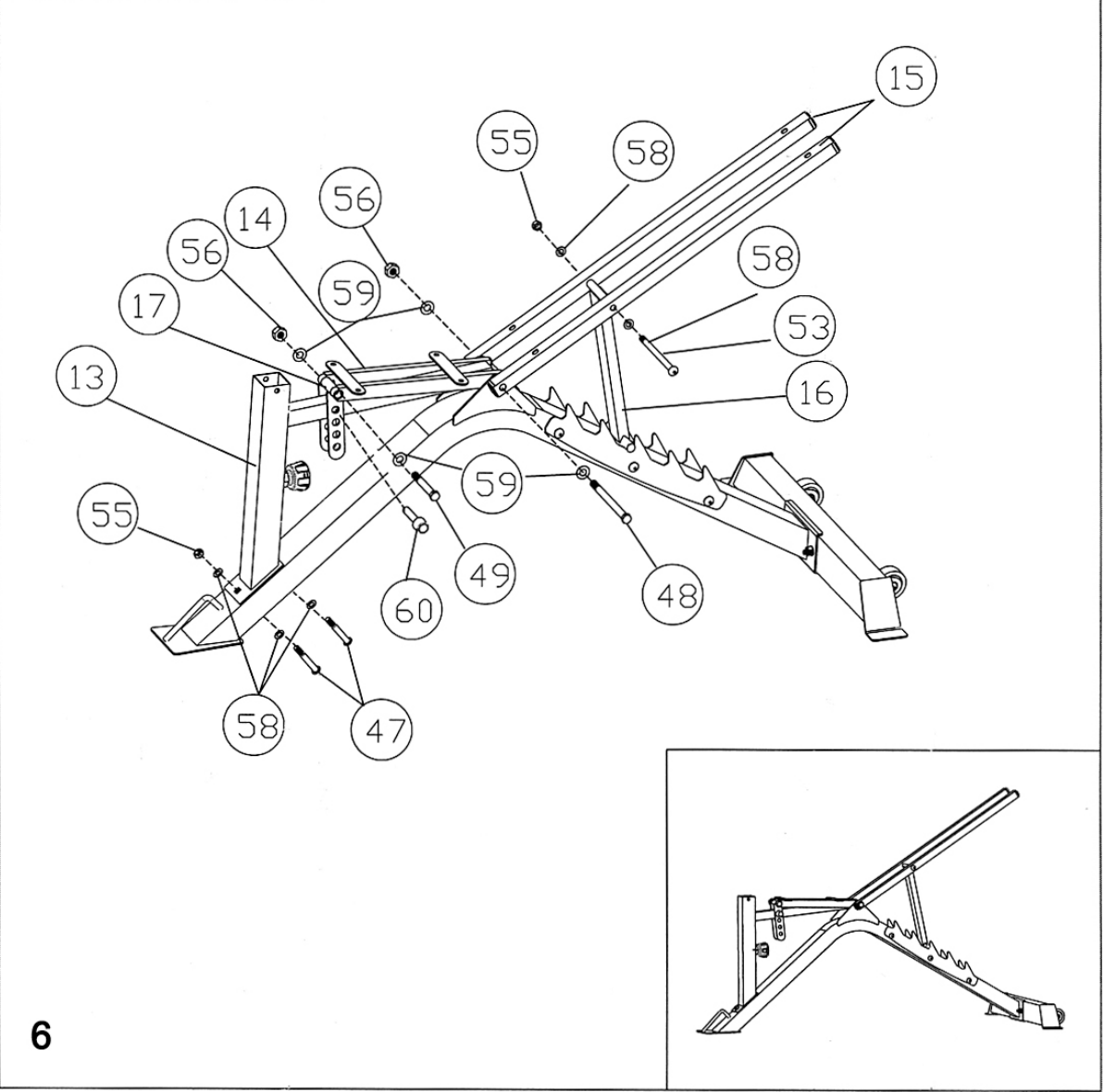
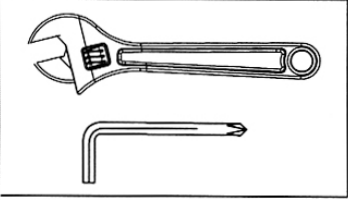
4

④5 × 3		M10 × 3 1/2"	⑤8 × 8		∅ 3/4"
④6 × 2		M10 × 2 3/4"	⑤6 × 5		M10
⑤0 × 2		M8 × 1 3/4"	⑤7 × 4		∅ 5/8"
⑤4 × 2		M8			

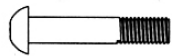


5

④⑧	× 1		M12 × 5 1/4"	⑤⑧	× 5		∅ 3/4"
④⑨	× 1		M12 × 3 3/8"	⑤⑤	× 2		M10
⑤③	× 1		M10 × 5 1/2"	⑤⑧	× 4		∅ 1"
④⑦	× 1		M10 × 2 1/2"	⑤⑥	× 2		M12



50 × 4



M8 × 1 3/4"

51 × 4

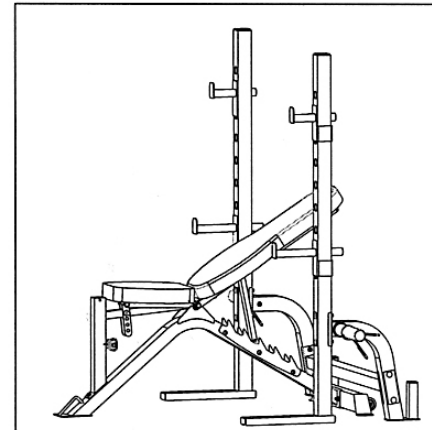
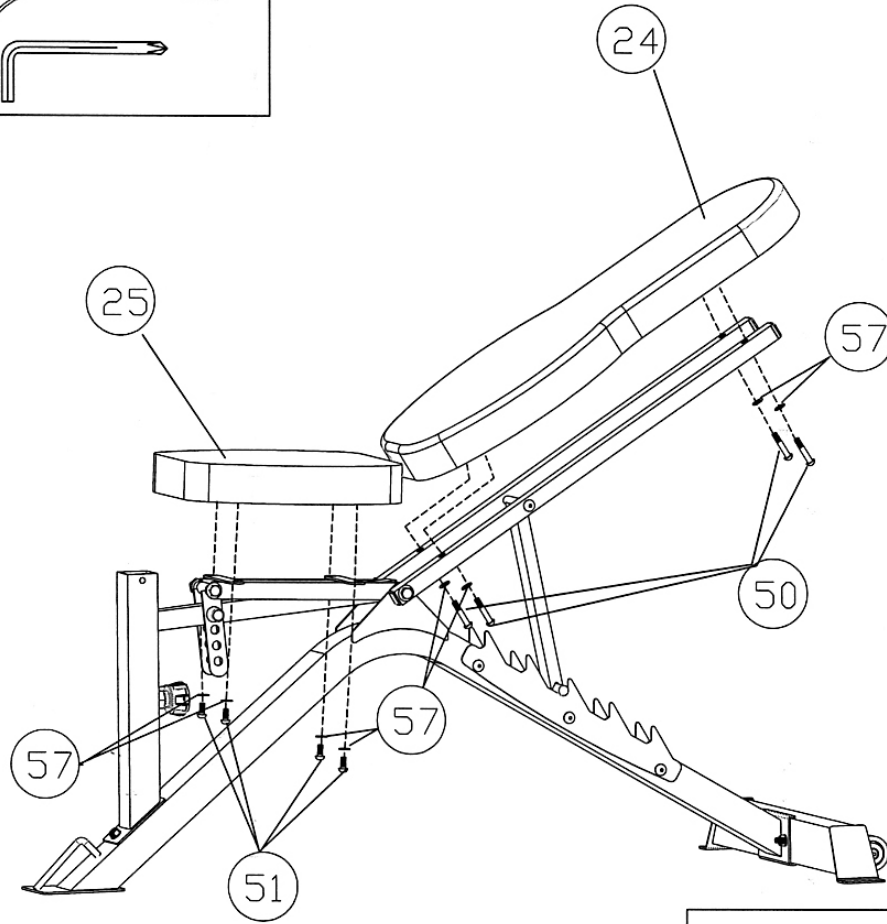
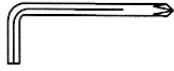
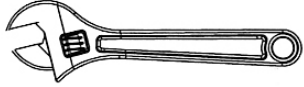


M8 × 3/4"

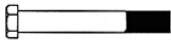


57 × 8

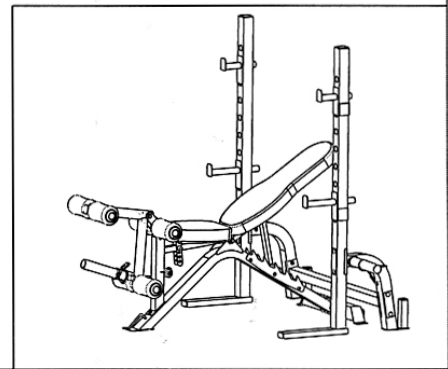
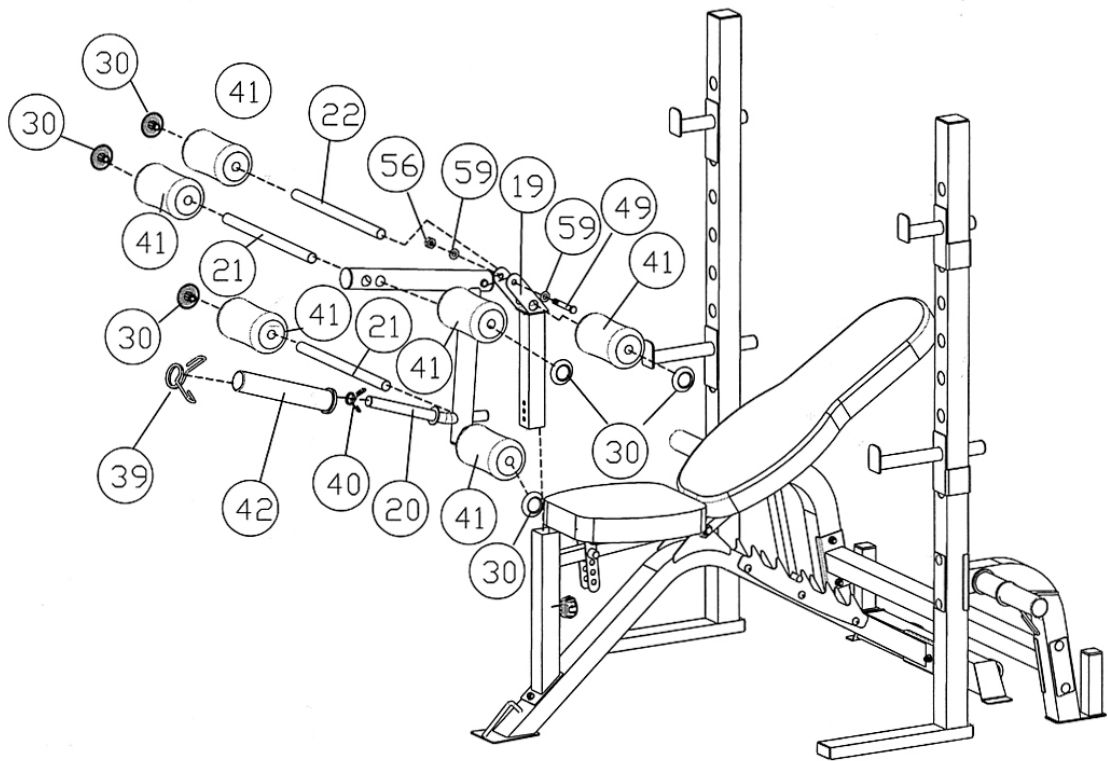
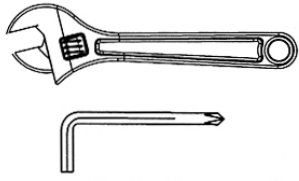


∅ 5/8"



7

- | | | |
|--------|---|-------------------------|
| ④9 × 1 |  | M12 × 3 $\frac{3}{8}$ " |
| ⑤8 × 2 |  | ∅ 1" |
| ⑤5 × 1 |  | M12 |



8

51 x 2

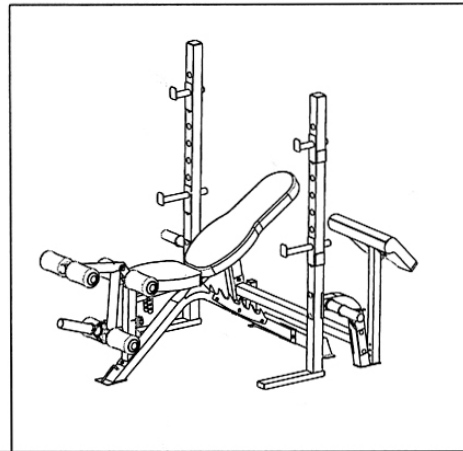
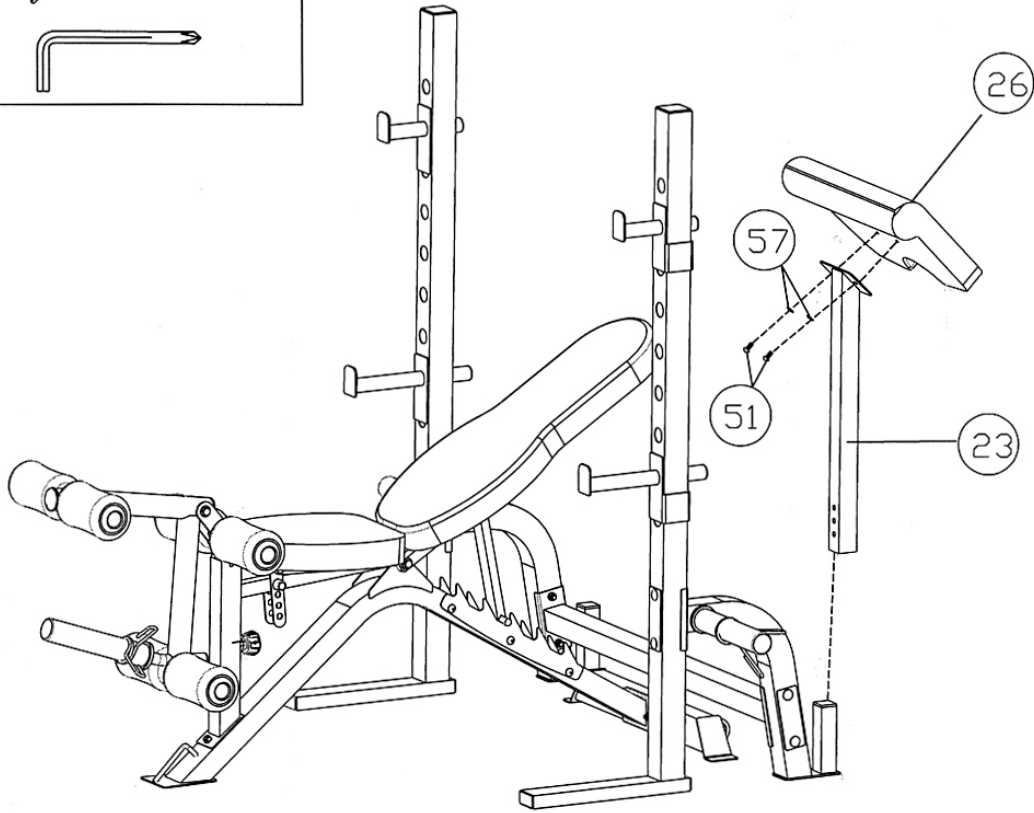
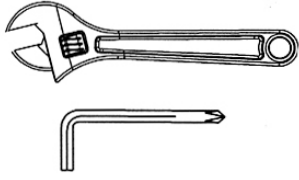


M8 x 3/4"

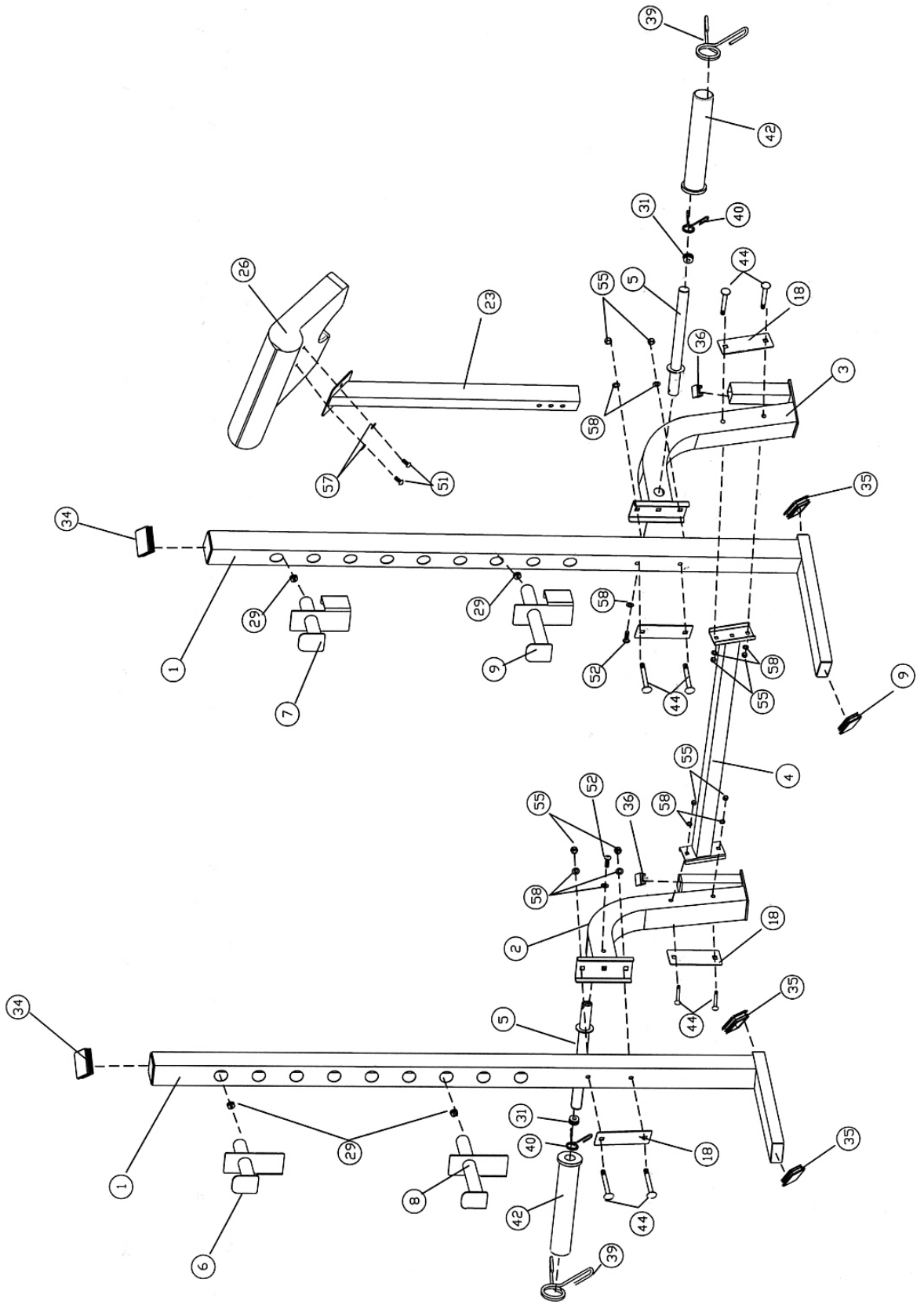
57 x 2

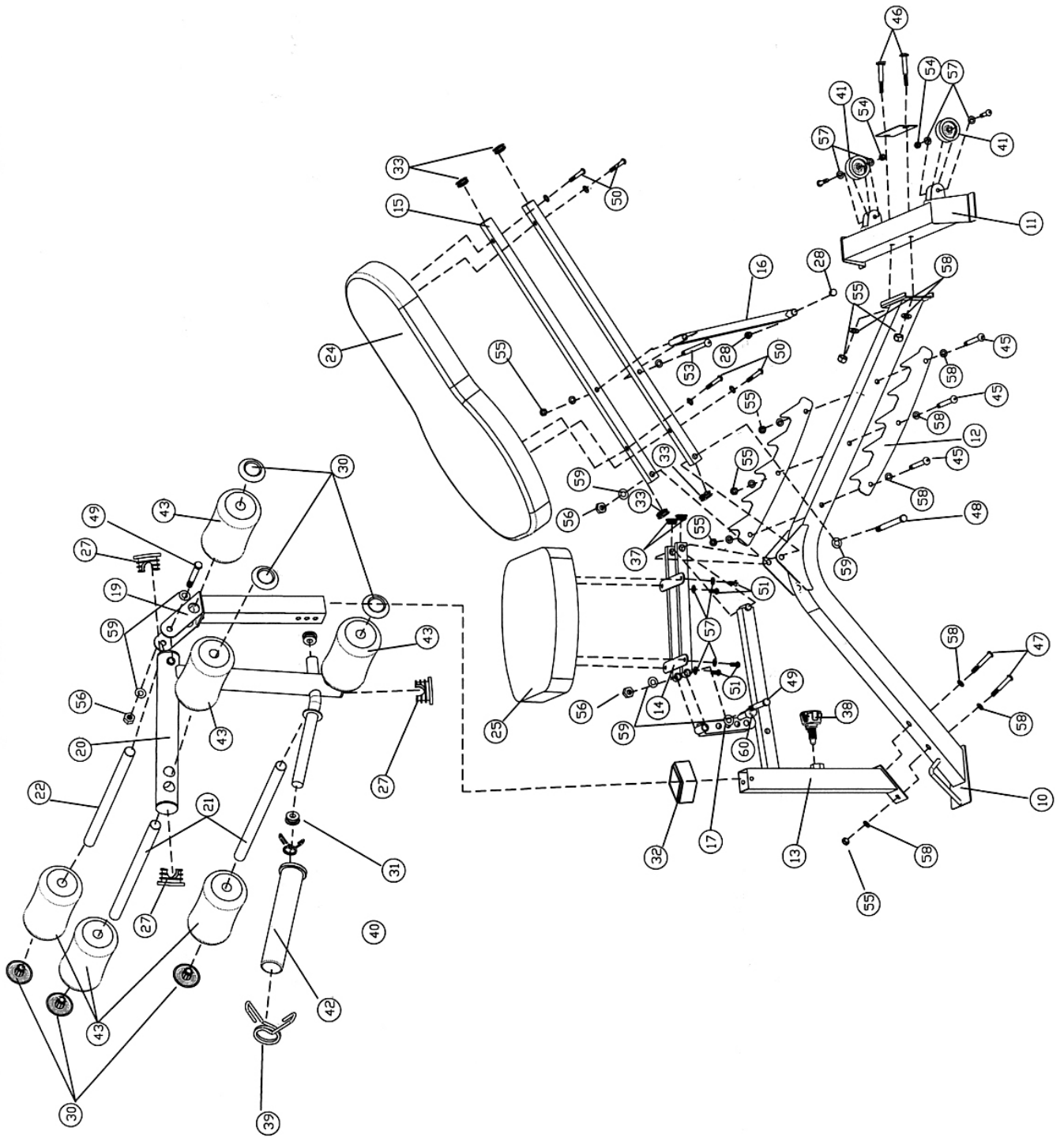


∅ 5/8"



9





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